

## The Value of Relational Wisdom/Emotional Intelligence for Nurses

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### Supporting Studies on Relational Challenges for Nurses

The following studies describe many of the relational challenges nurses face today, including compassion fatigue, emotional exhaustion, moral distress, conflict with peers and administrators, burnout and family disruption.

1. If a picture is worth a thousand words, this [photo of an exhausted labor and delivery nurse](#) and the tender tribute of her sister clearly illustrate the emotional and relational challenges of nursing.
2. Shoorideh, F. A., Ashktorab, T., Yaghmaei, F., & Majd, H. A. (2015). [Relationship between ICU nurses' moral distress with burnout and anticipated turnover](#). *Nursing Ethics*, 22(1), 64-76.
3. Zhao, H., & Xia, Q. (2019). [Nurses' negative affective states, moral disengagement, and knowledge hiding: The moderating role of ethical leadership](#). *Journal of Nursing Management*, 27(2), 357-370.
4. Wahlberg, L., Nirenberg, A., & Capezuti, E. (2016). [Distress and coping self-efficacy in inpatient oncology nurses](#). *Oncology Nursing Forum*, 43(6), 738-746.
5. Garity, J. (2009). [Fostering nursing students' use of ethical theory and decision-making models: Teaching strategies](#). *Learning in Health and Social Care*, 8(2), 114-122.
6. Ledoux, K. (2015). [Understanding compassion fatigue: Understanding compassion](#). *Journal of Advanced Nursing*, 71(9), 2041-2050.
7. Cynda Hylton Rushton, Joyce Batcheller, Kaia Schroeder, and Pamela Donohue CE Article: [Burnout and Resilience Among Nurses Practicing in High-Intensity Settings](#). September 2015 24:412-420;
8. Haddad LM, Toney-Butler TJ. [Nursing Shortage](#). [Updated 2019 Jan 19]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2019 Jan-.

### Supporting Studies on the Benefits of EI/Relational Training for Nurses

1. Sande, Ken (2017). [RW Training Strengthens Both Families and Businesses](#)
2. Ong, W (2017). [The Significance of Emotional Intelligence in Nursing](#). Mims Today.
3. Carlson, K (2018). [The Emotionally Intelligent Nurse](#). Ausmed
4. Prezerakos, P. (2018). [Nurse Manager' Emotional Intelligence and Effective Leadership](#). The Open Nursing Journal.
5. Codier, E. (2012). [Emotional Intelligence: Why walking the talk transforms nursing care](#). American Nurse Today
6. Boynton, B. (2017). [All Successful Nurses Have This One Thing](#). Nurse.org
7. Raghubir, A. 2018. [Emotional intelligence in professional nursing practice](#). International Journal of Nursing Science.
8. Carragher, J & Gormely, K (2016) [Leadership and emotional intelligence in nursing and midwifery education and practice](#), JAN: Leading Global Nursing Research