

Asking Powerful Questions

Asking good questions is a critical requirement of effective coaching and can be harder than it looks. We'll share tips regarding how to know which questions work well and provide opportunities to practice asking insightful questions during in-class exercises.

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1. INTRODUCTION

2. POWERFUL QUESTIONS

What makes a question powerful is its ability to provoke reflection in the other person.

“The purposes of a person’s heart are deep waters, but one who has insight draws them out.” Prov 20:5

3. TOWARDS POWERFUL QUESTIONS (Handout #1 bottom half)

- Are you **happy** with your work?
- How do you feel about your work?
- What about your work do you find **most satisfying**?
- How does your work connect to God’s calling?

4. MY IDEA → OPEN QUESTIONS

What is a “closed question”?

How do we take a closed question and make it an Open Question?

- 1.
- 2.

Group Practice: Handout # 2

DEBRIEF: How did you get on with backing up from the specific idea to the category behind the idea?

PURE QUESTIONS (Handout #3)

Exercise: In this exercise participants will change negative and judgmental questions or statements into non-judgmental or neutral inquiry.

DEBRIEF: What did you observe about your own judgments and how they can leak into your questions?

Q360 Questions (Handout 4)

How to find angles

- Take the _____ that pops in mind
- Move it to a _____ question.
- Use the Q360 handout to see examples of angles.

DEBRIEF: What did you gain from being asked all these angles?

As you think about asking questions from different angles, where else in your work or life could you use angle questions?

Highlights

What do you want to remember?

What skill do you want to improve?

When and where might you use that skill in the next two weeks?