***Emotional Wisdom in the Christian Life***

I. Introduction: Questioning the role of emotions in our lives (Brent & Monica)

II. Defining “emotional intelligence”

A. Some key researchers investigating emotional intelligence

B. The “branches” (skill sets) of emotional intelligence

1. Perceiving and expressing emotions

2. Understanding emotions

3. Using emotions in reasoning

4. Managing emotions

III. Evaluating “emotional intelligence”

A. The proposed value of emotional intelligence

B. Evaluating emotional intelligence biblically

1. Emotional intelligence & *wisdom*

2. Emotional intelligence& the *heart*

3. Emotional intelligence & *imaging God*

IV. Conclusion: Appreciating God’s design for emotions in our lives