## WHAT HAPPENS WHEN AN ENTIRE FAMILY STUDIES RW?

The *Relational Wisdom Course* is designed primarily for an adult audience, but as the following comments from several children in a single family indicate, children as young as twelve years old can understand and apply wisdom principles that build healthy relationships (links to the principles they mention are added).

"Two things really help me with my siblings. The <u>SOG plan</u> is easy to remember and reminds me to be self-aware, other-aware and God-aware. The Seven A's of <u>Confession</u> help me to admit I'm wrong when I'm in conflict." Elizabeth, age 10

"I liked your equation: working skills x relational skills = value to the group. If we don't have good relational skills, we won't be very helpful to a group. It was so helpful and easy to follow." Benjamin, Age 12

"Your teaching gave me clarity on the steps I need to take to improve my relationships. The <u>SOG plan</u> was a helpful idea. I look forward to using the self-awareness questions so I may better know myself and how to relate to others." Eva, age 16

"Your course reminded me that growing relationally is a process rather than an instantaneous change. When I want to respond instead of react, or to plan ahead for healthy interactions, I now have simple <u>acrostics</u> to follow even when feeling stressed. What a blessing to have this training before I leave for college." Miriam, age 18

"The teaching was convicting and fun to listen to. I found your insights on the connection between the <u>emotional and rational parts of the brain</u> helpful, as well as the section where you discussed the <u>Four Promises of Forgiveness</u>." – Isaac, age 19

"As a nursing student, I naturally focus on the needs of others, but I now realize that I must first be actively oriented towards God to truly benefit my patients, parents and siblings. I hope to continue working on relationships to reflect and glorify our Savior." – Katherine, age 21